



MOVE IT MORRIS DAY

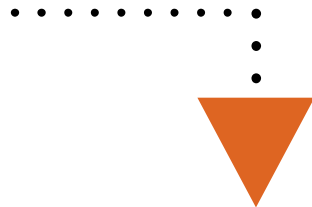


Meet **Leon Washington** from the



“Move it Morris Day” is a **FREE** community event that was created by the Morris Area Wellness Partnership to promote health and wellness programs for children and families living in the Morris area.

- Health exhibits and screenings
- Rock climbing wall
- Nature walks
- Games, obstacle courses
- Hula hoop contests
- Gardening activities
- Volleyball games
- Cooking demonstrations for kids
- Tips on healthy eating
- Free giveaways... **AND MORE!**



3rd Annual “Move it Morris Day”
Saturday, May 15, 2010

Loantaka Brook Reservation
South Street, Morris Township

11:00am—3:00pm
Rain or Shine

Produced by:



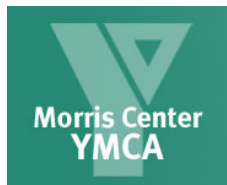
**MORRIS AREA
WELLNESS
PARTNERSHIP**

www.EatSmartMoveMore.org

With generous support provided by:



www.morrisparks.net



ATLANTIC HEALTH

Morris Area Wellness Partnership seeks to improve the overall health and wellbeing of children and families by promoting the positive benefits associated with healthy eating and regular physical activity.

*For event exhibitor information please call Shannon Maldonado at 973.971.7149.
For sponsorship information please email Tom Eck at Tom.Eck@eatsmartmovemore.org.